

## Word from AWT staff



"For we walk by  
FAITH not by SIGHT"

As another year passes by, we love to witness about God's faithfulness and how as a loving FATHER he holds our hands step by step encouraging us to be and do better. The Bible defines faith in (Hebrews 11:1, NLT) as the: "confident assurance that what we hope for is going to happen. It is the evidence of things we cannot see".

Together with all the blessings, a tough road remains to be walked and things are not always easy! Yet it is by faith that we see the unseen fruits and it is by faith that we look beyond our limitations fixing our eyes on the limitless God.

"Pray for us, that God will give us many opportunities to speak about His mysterious plan concerning Christ." (Colossians 4:3, NLT) We serve a God who is in the business of setting people free, and He has equipped us with His power. So again it is by faith that we keep our hopes up, we keep expecting and we keep pressing forward with even greater determination because He promises to break the chains and open doors of opportunity in our lives.

We are looking forward to another blessed year, receiving His love for us day by day and always thankful for your great support as partners with us in this ministry.

Happy Easter  
and praise HIS Holy name  
for His tomb is empty...

The AWT family



March 2010  
**Newsletter**  
Arab Woman Today Ministries

## "Self Defense" Training - Jan. 2010

Out of our passion to minimize violence against women, in cooperation with the police department we held "Self Defense" training for 30 young ladies. These ladies were educated about risks they might face in the streets or parking lots, taxis or public transportation. They learned practical physical skills in order to be able to defend themselves. Our desire was to see those young women gain confidence in their abilities and not to be afraid if they were attacked by someone.



Most of the ladies did not know any of the information presented prior to attending this training. Below are a few responses we received from them:

- ✿ "This kind of training helps us to stay in shape, be healthy and safe!"
- ✿ "There is a great need among girls for such a training and we wish if you continue to train other groups of girls with it as well."
- ✿ "My dad dropped me off from the car one day and I had to walk a good distance to my school, I wasn't afraid at all to walk by myself because of the defense skills I learned through the training!"



The Lieutenant of the police department complimented this unique and pioneering idea of empowering young women. He was amazed at how well the AWT staff treated each other and the students in the class. He commented that he noticed something different about us. So this provided open doors to share what is different in our lives!

## Praises:

- ✿ Praise the Lord for the continuous cooperation with the Police department for having more self defense trainings.
- ✿ Praise the Lord for the increasing Local support, financially and emotionally.

## Prayer requests:

- ✿ Pray for two coming conferences in April, one in Egypt and the other in Iraq.
- ✿ Pray for the radio listeners and trainees, for more spiritual growth and protection.

## Contact us:

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## Donations:

Christar/Arab Woman Today Ministries  
P.O.Box 14866  
Reading, PA 19612-4866  
(All donations are tax-deductible)

For Electronic giving, go to:  
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[www.awtministries.com](http://www.awtministries.com)

(Please indicate the gift is for AWT)

## AWT Staff training - Jan. 2010

As part of the building capacity that our ministry is aiming for this year, the staff had the opportunity to reevaluate our projects and set an agenda for the next three years. We also took time to reinforce the vision, mission, values and goals of AWT. In addition, the HR and Local Development officer presented special sessions on "Time Management". The staff is aiming to improve the quality of work and is challenged to accomplish many of the objectives set in order to make many hopes and dreams come true.



## Church visit in Zarqa - Feb. 2010

AWT team members visited a women's meeting at a Local Church in the City of Zarqa. The 24 women attending were encouraged by the message given to them on "Being a woman of influence". We had the opportunity to pray with individuals after the meeting was over. It means a lot to these women when they have other women come to encourage them and teach them practical issues.

Our strategy is to strengthen women's meetings in cities outside Amman the capital and give them equal opportunities to be empowered and learn new practical skills.

## What's New?!

### Launching the Glossary in the English website - Feb. 2010

It is with joy to announce that we launched the "Glossary" button on our English website and it is now active. It is a source of help to many non-Arabic speaking people who would like to get acquainted with many Arabic words that relate to the Arab culture. We encourage you to check it out and please let us know if you have any comments or send us words you would like to know their meanings, we are happy to help!  
(<http://awtministries.com/english/glossary.php>)



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