



Newsletter

June 2013
Arab Woman Today Ministries

AWT works in parallel on spiritual, emotional and physical levels to meet the need of people. As much as discipleship needed to equip young leaders, the humanitarian response is needed as well among the hundred thousands of Syrian refugees. AWT is also shedding the light on the emotional healing whether of war trauma or painful past childhood. The second quarter of 2013 witnesses God's sovereignty in the midst of crises in the region. Hearts are hurt, souls are thirsty but God is at work. The chain of silence is broken. The Liberation comes from inside out, it cannot be done except through Christ the healer, the helper and the redeemer Isaiah 61:1-3. Your prayers and support to AWT continue to raise people, so that they can have hope and peace. Thank you friends.

Ruba Abbassi



Discipleship Program Part 1

We are very excited to mark May 17th and 18th, 2013 as the day of launching the first part of our Discipleship Program that involves potential Christian leaders located in small towns far away from Amman, those who suffer from lack of training and discipleship.

This program helped them attain a higher level in many areas. The purpose of the program is to take the women in a journey for two years. Our first step in May aimed to help them find out what has shaped them to become the women they are now, through discussing the following topics: Self-esteem, Upbringing and its effects and Expressing Emotions. The women had the chance to talk about themselves, share about their pasts and express their feelings in a convenient environment.

"I decided to correct the way with which I treat my children. I found out mistakes that I dropped on them indeliberately, as a result of the way I was raised. I had to examine myself and start to deal with these mistakes. I have also shared what I learnt with my husband."



AlTurra, North Visit

"AlTurra", a small town in Northern Jordan 10 miles from the city of Irbid, that suffers from poor economy and many destructive practices towards women presented in early marriages. Focusing on this area, we chose to train high school girls from a public school in Turra. Our goal is to stop negative practices towards gender inequity, also to emphasize women's role in society. Therefore, we gave our training that was entitled "Learning your personality through DISC", with the intention to raise the girl's appreciation towards themselves and their personality, which would lead to positive participation in their local community.





Jordan Women (JW)

During the past 3 months, AWT held three workshops for Jordanian Women from different backgrounds at our training center which aimed to build bridges with them through open dialogue that deals with their daily life, in order to break the cycle of destructive social practices. Women had the chance to discuss three crucial topics: Five Love Languages, Confrontation and Conflict Resolution.

In the first workshop, each woman could identify her own love language and discover the love language of her friends and family members. By knowing how to express her love to them, whether by gifts, quality time, encouraging words, physical touch or service, she could then go back home with great tools to fill the love tanks of her beloved ones and reduce conflict related to lack of appreciation and love.

Our second workshop was about confrontation. On the one hand, it aimed to encourage women to learn how to confront others, but on the other hand, it taught them how to face confrontation in order to build healthier and more successful relationships.

In the third workshop, Mrs. Cynthia Madanat, a friend of AWT, introduced the techniques of resolving conflicts on different levels and gave them practical steps towards achieving that.

"As a result of joining these workshops with AWT, I could easily implement most of the life skills they presented as a new strategy in my family relations. Wow, I cannot believe how things changed with my Kids and my Husband! I can now understand myself and my family better, the matter that helped reduce most of the conflicts we have been passing through during the years."

Praises:

1. The stability of our country Jordan and the opportunities to serve people despite the tension in the region.
2. The availability of the training room made it easier and more practical for women to participate in our workshops and other social events.
3. The influence of our ministry on broken hearted women.

Prayer Requests:

1. Pray for the Upcoming Project in South Jordan to be able to raise Jordanian Women awareness.
2. Pray for the preparations for the Upcoming Annual Network Conference that equips Women leaders from Jordan and the Arab World.
3. Pray for upcoming projects in our media department.
4. To be an instrument to heal broken hearted, especially in ministering to the Syrian refugees.
5. Meet our Budget for 2013.

Contact us:

Please note that our new e-mail is:
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www.awtministries.com (English)
www.arabwomantoday.com (Arabic)

Donations:

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The Syrian Refugees Project

Over the last year, 278,000 Syrians have fled into Jordan to find shelter from the civil war which is raging in Syria. Half of them chose to move out of the refugee camps and live in the cities and villages of Jordan. However, they were not officially registered. Those represent the target group of our Syrian Refugees Project, due to the lack of emotional and financial support from local and international organizations. By this project with the Syrian Refugees, AWT has started a new phase dedicated to provide Trauma Workshops that target Syrian Women; the wife, the mother and the sister who's going through the Trauma of leaving her home because of the war that left her a refugee. The aim of the Trauma workshops is to provide the Syrian refugees with hope and practical knowledge in relation to the recognition of trauma reactions. Workshops are prepared in a way that can take Syrian women in a journey of identifying their feelings and being able to share and acknowledge their emotions freely, giving them encouragement and hope of better days to come.

